

Why is change Important

Without change the world would become a very stagnant place. It would become something that would not be of the human race. For robots would be formed instead as no one person would increase the growth in their head. So embracing change is the only way to see something new happen each and every day. For change shows us how to live life to the full and to express ourselves in a way that involves fun and play.

Fear is the only thing that holds people in a place of lack. It is the one thing that holds people back. For it stops them in their tracks. Does not allow their minds and hearts to discover who they are but instead just takes them afar. Far away from reaching the true potential in themselves. So to change the programming that you have means to change the world that you live in and become much more the person you want to be.

Setting yourself free to be this person can be challenging at times for it means admitting to yourself that the things you have been saying and doing for sometime have been the cause of your ill health. They have been the cause of the world you live in right now. They have created the dramas that are around you at this current time. So allow yourself to take time to consider what it is that you wish to change. If you were to be truly true to you what is it that you would do.?

Not only is change important to you and your well being but it is also important to all those around. For when you are stagnant and show no signs of change then those around you are acting the same. They are too in a place of lull where nothing much is happening that will help them to grow. So by glowing yourself you are bringing good health to others around you and to the planet too. For the more people that change and start to embrace this new way of being the better the energy on the planet will be and the more the planet will thrive and grow. The more those who are less fortunate than you will start so feel the effects of this new you as the energies of happiness increase and grow. For your heart will open wide and you will listen more to your guide. You will understand what it is that is best to do to make this lifetime the best for you.

So instead of putting off change to another day, say to yourself what is it that would brighten your day. What thing if you did it now would bring a smile to your face and brighten your world. What thing if you were to start to try and achieve, would make things in this world better for others around. What thing in yourself that were you to change, would make a different in those who love you and hold you dear.

Make change your way and see what a different it makes in your day. Let go of the fear. Know that to listen to the inner you is the only way to see things clearly for you. Listening to the records of others will just confuse the person that is you for you are here to learn different things. Your journey

is individual to you and can only be discovered by linking to the inner you. So instead of being led by all those around and all those who have been in your past, open a new door for yourself and go out into the world as a new human being. Someone who is embracing the light within themselves and is showing the world what it is like to be truly free.

Consider this: If you there were no tomorrow, what is it you wish you had said or done. Make things happen and know that you have lived life to your full potential in every way.